



city of  
**bristol**

## News Release

FOR IMMEDIATE RELEASE  
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### **Spring workshops and seminars being offered at Bristol's Slater Center**

Each spring Bristol's Parks and Recreation Department hosts a number of evening workshops and seminars at the Slater Community Center. This year many of the seminars are based on health education. Each of the seminars requires pre-registration and a fee of only 3 dollars.

The workshops and seminars consist of the following topics, Hormone Balancing, Nutrition Response Testing, and Dry Needling and Chiropractic. For dates, times, and registration deadlines please go to <https://bristoltn.recdesk.com> or call Becky Olinger at 423-764-4006.

A Spring and Easter Tea Party Workshop is also scheduled for March 30, 2017. Participants will be taught how to make an adorable bunny cake and decorate an Easter Bonnet. There will be finger foods and tea served. The deadline for pre-registration is Friday, March 24, 2017.

For more information on these and many other Parks and Recreation programs please visit the city's website at [www.bristoltn.org](http://www.bristoltn.org).