Welcome to the Bristol, Tennessee Parks & Recreation’s activity guide. We hope you will enjoy the many amenities and programs available to you and your family. We continue to encourage you to make positive lifestyle choices in your pursuit of healthy and active living. Select one of our active programs and get your body moving, or get outside and enjoy one of our well-maintained parks. Have Fun, Fun, Fun! We believe that staying active and being more health-conscious can be sustained over time through fun. Thank you for obtaining a copy of our activity guide. We look forward to seeing you out and about having fun in Bristol.

The Administrative Offices of Parks and Recreation are located in the Slater Community Center. Many senior activities, as well as youth and adult recreation activities, are held at Slater. The Slater Community Center is located at 325 McDowell Street.
you can rent our picnic shelters!
they are great for family reunions birthday parties or get-togethers!

Steele Creek Park Pass Available for Holiday Giving

Giving a gift that everyone will enjoy using...a park pass from Steele Creek Park. These cards can be used for 1 year. Visit the park and enjoy golfing, disc golf, paddle boats, train rides, a splash pad & much more. Passes may be purchased at the Golf Shop, City Hall or the Slater Center.

call 423-764-4023 for more info
## Contact Information

<table>
<thead>
<tr>
<th>Parks and Recreation Director:</th>
<th>Table of Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Terry Napier- 423- 764-4023</td>
<td>2 - General Information</td>
</tr>
<tr>
<td><strong>Recreation:</strong></td>
<td>3 - Contact Information</td>
</tr>
<tr>
<td>Mike Musick- 423-764-4026</td>
<td>4 - Parks, Playground &amp; Facilities</td>
</tr>
<tr>
<td>Becky Olinger- 423-764-4006</td>
<td>5 - Rentals &amp; Rates</td>
</tr>
<tr>
<td>Angie Rutherford- 423-764-3463</td>
<td>6 - State Street Farmers Market</td>
</tr>
<tr>
<td>April Norris- 423-989-5275</td>
<td>7 - Classes &amp; Weekly Events</td>
</tr>
<tr>
<td><strong>Slater Community Center:</strong></td>
<td>8-9 - Senior Adult Weekly Events</td>
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<tr>
<td>Mallory Cross- 423-764-4012</td>
<td>10 -14 - Senior Adult Trips</td>
</tr>
<tr>
<td>Mike Ratliff- 423-764-4036</td>
<td>15- Word Search</td>
</tr>
<tr>
<td><strong>Steele Creek Nature Center:</strong></td>
<td>16- Youth Basketball Information</td>
</tr>
<tr>
<td>Jeremy Stout- 423-989-5616</td>
<td>17- Pumpkin Palooza</td>
</tr>
<tr>
<td></td>
<td>18-22 - Senior Weekly Fitness Classes</td>
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<tr>
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<td>23 - Senior Adult Classes</td>
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<tr>
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<td>24 - Lunch Program/Transportation</td>
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<tr>
<td></td>
<td>25-27 - Adult &amp; Youth Evening Classes</td>
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<td></td>
<td>28- Santa Calling</td>
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<td></td>
<td>29-30 - Steele Creek Golf Course</td>
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<tr>
<td></td>
<td>31 - Steele Creek Nature Center</td>
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<td></td>
<td>32- Commission Board/Council Members</td>
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</tbody>
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**Message from the Director of Parks and Recreation**

Welcome back from what I hope was a relaxing and recreation filled summer break. On behalf of the Department of Parks & Recreation, I am pleased to present the Fall 2019 program and activity listings. Fall is the last season of the year that we all get to go out and enjoy recreation and leisure activities and discover what our beautiful parks and recreation areas have to enjoy. We have over 2,300 acres of parks and open space as well as many athletic fields, which are maintained dutifully year-round by our dedicated parks staff.

It is our privilege to serve the citizens of this wonderful community and hope visitors to our City can also take part and enjoy our wide variety of programs, concerts, events, parades and facilities. We welcome your feedback and input. If you have any information to share or any concerns, please feel free to contact me.
Anderson Park - 341 Martin Luther King Jr Blvd. A gazebo with benches, lights and electricity. There is also an open air stage with lighting and electricity. Playground & picnic tables. Rentals available.

Cedar Valley Park - 405 Cedar Valley Road. It consists of 3.29 acres. It is bordered on one side by Cedar Creek. It is a passive park / community green space.

Charlie Robinette Park / Bark Park - 1155 Vance Drive. The Bark Park is the city’s first dog park. The park has an area for large & small dogs. Both areas have drinking fountains that also have a dog bowl at the bottom.

Clay Park - 803 7th Street. This park has a gazebo & picnic table.

DeFriece Park - 101 Stine Street. Playground, picnic table, a basketball court, pond and greenspace.

Downtown Center - 810 State Street. A multi-use venue located in the middle of historic Downtown Bristol. The venue features onsite restroom & concessions. A stage with complete electrical needs for any concert or speaking type engagement.

Fairmount Park - 301 Spruce Street. This 2.57 acre neighborhood park/greenspace. This park has several benches.

Food City Park - 531 Oakwood Street. New Dog Park under construction. (Summer/fall 2019)

Friendship Park - 2432 Volunteer Parkway. 3 Baseball fields and greenspace. Home of Vance Middle School Baseball.

George Spinks Field - 1000 W. Cedar St. Home of Bristol, TN Little League Softball. The park sits on 2.51 acres of land.

Haynesfield Park - 2100 Edgemont Avenue. Lighted tennis courts, picnic tables and a water fountain.

Haynesfield Pool - 327 Sleepy Hollow Road. A 600,000 gal public pool. Restrooms, showers & concessions. Birthday parties and swim lessons are also offered.

Holston View Park - 1840 King College. The 13 acre park includes tennis courts, basketball courts, playground, 3 baseball fields and a soccer field.

Ida Stone Jones Tennis Center - 740 Alabama Street. Serves as the home courts for the State Champion TN High tennis teams. The facility has eight courts. Two courts for marked for pickleball.

Jerry Goodpasture Plaza - 719 Shelby Street. This is a .18 acre park. Musical instruments installed in the park along with metal benches.

Jersey Park - 256 Shirley Drive. This 2.26 acre park provides a beautiful community green-space.

King Meadows Park - 108 Clay Street. Kings Meadow is a small neighborhood green space measuring .15 acres.

Mark Vance Memorial Greenway - This 7,385 linear feet paved trail leads from the Mill Creek area of Steele Creek Park to the Volunteer Parkway. There are several benches and trash receptacles along the route.

Morning Rotary Centennial Park - 832 Orchard St. The park has a small picnic area with coated expanded metal tables. Basketball Court, drinking fountain, benches & a grill.

Oakwood Park - 810 Oakwood Street. This .12 acre neighborhood park has a swing set.

Patterson Park - 105 19th Street. Tennis courts, a play structure and a small parking area.

Pinnacle Park - Enjoy the views from one of the park's benches of this beautiful 4 acre park surrounded by mountains. Catch & Release fishing is allowed.

Rooster Front at Steele Creek Park - 1160 Vance Drive. 3.6 acres in size and is a very popular park year round. A shelter, picnic tables, playground, tennis court & basketball court.

Rotary Field - 401 Ash Street. Home for the THS and Vance girls’ softball program.

Skate Park - 700 College Avenue. The park is an asphalt paved area which is fenced in and gated. It includes 10 pieces of skate boarding equipment.

Slater Community Center - 325 McDowell Street. The Parks & Recreation Administrative Offices are located in the building along with Senior Programs, classes, public meetings & events.

Slater Park - 128 East State Street. This park is a popular outdoor basketball facility.

Steele Creek Park - 4 Little Lane. Steele Creek Park is a regional park encompassing more than 2,200 acres. This park offers shelters, a lodge equipped with a kitchen, a conference room & a party room, picnic tables, 52 acre lake, soccer goals, disc golf, golf course, playgrounds, Nature Center, Steel Creek Express, paddle boats, walking, hiking, biking trails, splash pad. Rentals available.

Wes Davis Greenway - The 2,800ft trail is a pedestrian and bike trail from Anderson St. to Melrose St.

Whitetop Creek Park - 310 Sportsway Dr. This 55.8 acre park is a multi-purpose sports park that is available for soccer, football, softball, baseball, or to use for volleyball tournaments. The park has a one mile walking trail around the perimeter of the park. There is a pavilion with men’s, women’s, and family restrooms. Next to the pavilion is a playground & a basketball court.

Windsor Park - 1024 Windsor Avenue. Windsor Park is a small community park encompassing .17 acres. The park hosts a small play structure.
**RENTALS & RATE**

<table>
<thead>
<tr>
<th>Steele Creek Park</th>
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<tbody>
<tr>
<td>Shelters 1/2 Day</td>
<td>Full Day</td>
<td></td>
</tr>
<tr>
<td>Lodge &amp; Kitchen</td>
<td>$105.00</td>
<td>$165.00</td>
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<tr>
<td>Party Room</td>
<td>$40.00</td>
<td>$65.00</td>
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<tr>
<td>Rotary, Civitan or G</td>
<td>$45.00</td>
<td>$70.00</td>
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<tr>
<td>VFW</td>
<td>$40.00</td>
<td>$65.00</td>
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<td>A, B, C, D, or F</td>
<td>$35.00</td>
<td>$55.00</td>
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<tr>
<td>Amphitheater</td>
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<td>$100.00</td>
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<table>
<thead>
<tr>
<th>The Rotary Pavilion</th>
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<tr>
<td>$65.00</td>
<td>$100.00</td>
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*If using Kitchen, Lodge Main Room must also be rented.**

**Once a year a non-profit organization can receive 50% off shelter rates. Must show written non-profit number when paying for shelter.

**Anderson Park Reservations**

$30.00 per hour / Minimum of two hours

**Slater Center (Rates are hourly)**

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<tbody>
<tr>
<td>Classrooms</td>
<td>$20.00</td>
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<tr>
<td>Gymnasium</td>
<td>$30.00</td>
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<tr>
<td>Cafeteria</td>
<td>$35.00</td>
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<tr>
<td>Auditorium</td>
<td>$55.00</td>
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**Additional fees will apply to Saturday or Sunday rentals.**

**Whitetop Creek Park**

<table>
<thead>
<tr>
<th>Rotary Pavilion 1/2 Day</th>
<th>Full Day</th>
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<tr>
<td>$55.00</td>
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**Rooster Front Park**

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<tr>
<th>Shelter Rental</th>
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<tr>
<td>$35.00</td>
<td>$55.00</td>
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**Charlie Robinette Park**

<table>
<thead>
<tr>
<th>Shelter Rental</th>
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<tr>
<td>$45.00</td>
<td>$70.00</td>
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</table>

For rental of any athletic field, please contact the department @ 423-764-4023

**Rental times:**

9:00am - 2:30pm or 3:30pm - 9:00pm

Open all year round

**RESERVE YOUR PICNIC SHELTER ONLINE**
@bristoltn.recdesk.com

**Park Hours:**
9am-9pm daily

For more information on Park rentals call 423-764-4023
The State Street Farmer’s Market happily accepts SNAP/EBT cards. Participants can scan their card and receive wooden tokens of either $1 or $2 in value and can use those tokens with participating vendors. While grant funds last, double your SNAP benefit dollars up to $20. In other words, scan your SNAP/EBT card for $10 and you will receive $20 in tokens to use in the market.

@ The Downtown Center 810 State St. Bristol, TN
Saturdays 8am - Noon, May - October
Wednesdays 2pm - 6pm, July - September

Local vendors for fresh produce, meats, dairy, plants & flowers, baked goods & a variety of crafters.
October, November, December

CLASSES & WEEKLY EVENTS

Events at Slater Community Center, 325 McDowell St., Bristol, TN unless noted. Bristol TN Residents, no charge. Non-Residents $120 annually or SilverSneakers Card.

*Activities for ages 50+ *Call 423-764-4012 for more information.

AVAILABLE DAILY

ONE-ON-ONE PERSONAL TRAINER W/ DENISE BOURNE, Certified Personal Trainer & Senior Fitness Specialist. Make an appointment for 30 or 60 minute sessions. $7 for 30 minutes

EXERCISE ROOMS OPEN Mon-Thurs 7:30AM-8:00PM Fri 7:30AM-4:45PM

SENIOR EXERCISE ROOMS Ages 50+

LUNCH RESERVATIONS (Ages 60+) call Mike Ratliff at 423-764-4036 or 423-491-1253.

TRANSPORTATION offered daily to and from Slater Center, doctor appointments, etc. Call Frank Perry at 423-646-5216 to schedule transportation.
# SENIOR ADULT WEEKLY EVENTS

Tables available in cafeteria for afternoon card and board games. Mon.-Fri. 1:00-5:00PM

## GYM

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
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</thead>
<tbody>
<tr>
<td>8:30-9:15AM</td>
<td>Active Barre Fitness w/Alexa Serfis</td>
</tr>
<tr>
<td>9:15-10:00AM</td>
<td>Fit Combo w/Denise Bourne</td>
</tr>
<tr>
<td>10:00-11:00AM</td>
<td>SilverSneakers Cardio w/Pat Fields</td>
</tr>
<tr>
<td>11:00AM-Noon</td>
<td>Line Dance w/Linda Roberts</td>
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<tr>
<td>12:30-5:00PM</td>
<td>Pickleball</td>
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</tbody>
</table>

## CLASSES

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
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<tbody>
<tr>
<td>7:30-8:15AM</td>
<td>Spin &amp; Stretch w/Alexa Serfis</td>
</tr>
<tr>
<td>9:30AM</td>
<td>Yoga &amp; Meditation w/Dolores Champagne</td>
</tr>
<tr>
<td>10:00AM</td>
<td>Bridge</td>
</tr>
<tr>
<td>11:00AM</td>
<td>Yoga w/Heather Dotterweich</td>
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<tr>
<td>5:15PM</td>
<td>TABATA w/Elaine Rock</td>
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</table>

### GYM

<table>
<thead>
<tr>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>8:30-9:15AM</td>
<td>Cardio Core Connection w/Lark Adams</td>
</tr>
<tr>
<td>9:15-10:00AM</td>
<td>Strength Training w/Denise Bourne</td>
</tr>
<tr>
<td>10:00-11:00AM</td>
<td>SilverSneakers w/Pat Fields</td>
</tr>
<tr>
<td>11:00AM-Noon</td>
<td>Cardio Dance w/BJ Goliday</td>
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<tr>
<td>Noon-2:00PM</td>
<td>Basketball</td>
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### CLASSES

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
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<tbody>
<tr>
<td>9:00AM</td>
<td>Watercolor w/Teresa Kath</td>
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<tr>
<td>1:30PM</td>
<td>Watercolor w/Teresa Kath</td>
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<tr>
<td>11:00AM</td>
<td>Chair Yoga w/Heather Dotterweich</td>
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</tbody>
</table>

## GYM

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:30-9:15AM</td>
<td>Kettle Bells w/Linda Stollings</td>
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<tr>
<td>9:15-10:00AM</td>
<td>Wed. Workout w/Denise Bourne</td>
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<tr>
<td>10:00-11:00AM</td>
<td>SilverSneakers Cardio w/Pat Fields</td>
</tr>
<tr>
<td>11:00AM-Noon</td>
<td>Line Dance w/Linda Roberts</td>
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<td>12:30-5:00PM</td>
<td>Pickleball</td>
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<tr>
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<tbody>
<tr>
<td>7:30AM</td>
<td>Nia w/Alexa Serfis</td>
</tr>
<tr>
<td>8:30AM</td>
<td>Barre Fitness w/Lark Adams</td>
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<tr>
<td>9:30AM</td>
<td>Active Yoga w/Lark Adams</td>
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<tr>
<td>9:30AM-3:00PM</td>
<td>Acrylics &amp; Oil Painting w/Lisa Sneed</td>
</tr>
<tr>
<td>11:00AM</td>
<td>Gentle Flow Yoga w/Maggie Fuller</td>
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### Notes

- **NEW**
- **Studio Class Setting/Artist Facilitated**
### SENIOR ADULT WEEKLY EVENTS

Tables available in cafeteria for afternoon card and board games. Mon.-Fri. 1:00-5:00PM

#### THURS

<table>
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<tr>
<th>GYM</th>
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<tbody>
<tr>
<td>Cardio Core Connection w/Lark Adams</td>
<td>Nia w/Alexa Serfis 7:30AM</td>
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<tr>
<td>Strength Training w/Denise Bourne</td>
<td>Spin &amp; Stretch w/Alexa Serfis 8:30AM</td>
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<tr>
<td>SilverSneakers w/Pat Fields</td>
<td>Chair Yoga w/Heather Dotterweich</td>
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<tr>
<td></td>
<td>Session I 9:00AM</td>
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<td>Session II 10:00AM</td>
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<tr>
<td>Cardio Dance w/BJ Goliday</td>
<td>Creative Writing 9:30AM</td>
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<tr>
<td></td>
<td>Gentle Flow Yoga w/Maggie Fuller 11:00AM</td>
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<tr>
<td>Basketball</td>
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<tr>
<td>Pickleball</td>
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#### FRI

<table>
<thead>
<tr>
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<th>CLASSES</th>
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<tbody>
<tr>
<td>Kettle Bells w/Linda Stollings</td>
<td>Barre Fitness w/Lark Adams 8:30AM</td>
</tr>
<tr>
<td>Move &amp; Groove w/Denise Bourne</td>
<td>Yoga w/Dolores Champagne 9:30AM</td>
</tr>
<tr>
<td>SilverSneakers w/Pat Fields</td>
<td>Acrylics and Oil Painting w/Lisa Sneed</td>
</tr>
<tr>
<td></td>
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<td>Line Dance w/Linda Roberts</td>
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<td>Pickleball</td>
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#### GYM SCHEDULE

<table>
<thead>
<tr>
<th>TIME</th>
<th>MON</th>
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<th>WED</th>
<th>THURS</th>
<th>FRI</th>
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<tbody>
<tr>
<td>7:30-8:15</td>
<td>Spin &amp; Stretch</td>
<td>Nia</td>
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<tr>
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<td>Cardio Core Connection</td>
<td>Kettle Bells</td>
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<td>Kettle Bells</td>
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<tr>
<td>9:15-10:00</td>
<td>Fit Combo</td>
<td>Strength Training</td>
<td>Wed. Workout</td>
<td>Strength Training</td>
<td>Move &amp; Groove</td>
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<tr>
<td>10:00-11:00</td>
<td>SilverSneakers Cardio</td>
<td>SilverSneakers Cardio</td>
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<td>SilverSneakers</td>
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<tr>
<td>11:00-12:00</td>
<td>Line Dance</td>
<td>Cardio Dance</td>
<td>Line Dance</td>
<td>Cardio Dance</td>
<td>Line Dance</td>
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<tr>
<td>12:00-2:00</td>
<td>Basketball</td>
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<td>Basketball</td>
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<tr>
<td></td>
<td>Pickleball</td>
<td>12:30-5:00</td>
<td>Pickleball 2:00-5:00</td>
<td>Pickleball 12:30-5:00</td>
<td>Pickleball 12:30-5:00</td>
</tr>
</tbody>
</table>
SENIOR ADULT TRIPS & SPECIAL EVENTS

*Arrive 15 minutes before departure time   *Pay when registering   *Return time approximate
*Refunds given if you can be replaced   *Bring jacket for van air conditioner
*NO SMOKING 10 MIN. PRIOR TO BOARDING VAN *NO PERFUME OR COLOGNE
*NO FOOD OR DRINKS ON VAN (exception: water)

Harrah's Casino, Cherokee, NC
Cherokee, NC
Thurs.: Sept. 5   Oct. 3   Nov. 7
Depart 8:00AM   Return 6:00PM
Transportation: $10
*Picture ID required for a Total Rewards Card

“Cinematastic” Flat Rock Playhouse, Flat Rock, NC
Thurs., Sept. 19    Depart 9:30AM    Return 6:30PM
Transportation and show: $42
Don’t miss a fantastic song and dance extravaganza, the greatest music hits from the Silver Screen to Mainstream. Lunch at J & S Cafeteria before 2:00PM show.

Mayberry Days, Mount Airy, NC
Fri., Sept. 27    Depart 8:00AM    Return 7:00PM
Transportation, Museum & Show: $45
Lunch at Snappy Lunch (famous for pork chop sandwiches) Pay individually
Visit the Andy Griffin Museum, the largest collection of Andy Griffith memorabilia collected by his friend Emmett Forrest. At 2:00 enjoy the music of Rodney Dillard, one of the original Darling Boys from The Andy Griffith Show. Rodney and his band will present a bluegrass concert filled with songs performed on the Andy Griffith Show and original Dillard hits. Rodney is a member of the International Bluegrass Music Hall of Fame and is a two time Grammy Nominee.

“Ring of Fire” Wohlfahrt Haus Dinner Theater, Wytheville, VA
Thurs., Oct. 10   Depart 10:30AM   Return 5:30PM
Transportation, lunch and show: $42
The story of the legendary "Man in Black" told through his music, takes you on a journey of passion, humor and salvation. “Ring of Fire” features over 30 great hit songs such as "I Walk the Line," "Folsom Prison Blues," "Jackson," and “Will the Circle Be Unbroken" all performed by a talented cast of singer/musicians. It will be a celebration of a great musical superstar - Johnny Cash!
**SENIOR ADULT TRIPS continued...**

**Bush’s Visitor Center**, Dandridge, TN  
Thurs., Oct. 17  Depart 8:00AM  Return 4:30PM  
Transportation $5  
Visit the old-fashioned General Store, The Bush Museum, and tour Bush Bean’s state-of-the-art plant. Don’t miss the theater that features a short film which includes a welcome from Jay and Duke, plus an overview of the Bush family history. Lunch (pay individually) at the Café.

**Pirates Voyage Dinner Show**  Pigeon Forge, TN  
Thurs., Oct. 24  Depart 3:00PM  Return 10:00PM  
Transportation, Dinner & Show: $50  
From the brilliant mind of country music legend Dolly Parton comes the newest and hottest dinner show in Pigeon Forge. This swashbuckling adventure allows you to enjoy an amazing meal and set off to the high seas for a journey you won't forget! The most unique feature is the 15-foot indoor lagoon! You will witness tons of action, stunts, and more as two groups of pirates duke it out in life-size pirate ship replicas. Everything from insane acrobatic feats to live animals and music from Dolly Parton and Mark Brymer come together to make an amazing production! While the action unfolds, be treated to a delicious four-course meal – a feast fit for a pirate!

**Apple Farm House Restaurant & 5 Oaks Shopping Center**  Sevierville, TN  
Thurs., Nov. 14  Depart 7:30AM  Return 4:30PM  
Transportation $5  Pay individually for breakfast ($12.50 plus tip)  
Enjoy a fantastic country breakfast – complimentary single serving of Apple Cinnamon Muffins, Applewood’s Apple Fritters, Homemade Apple Butter and Applewood Julep served with breakfast! Afterwards, holiday shopping at 5 Oaks Outlet Shopping Center.
**A Wohlfahrt Haus Christmas,** Wytheville, VA  
Wed., Nov. 20  
Depart 10:30AM  
Return 5:30PM  
Transportation, lunch & show: $45

Enjoy a delicious holiday feast before you are completely immersed in the Christmas season. This original production is stuffed with all the Christmas songs you know and love, as well as dazzling dance numbers and beautiful costumes! The fun-filled production also features a breath-taking Nativity which is sure to put everyone in the holiday spirit.

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**Smoky Mountain Opry Christmas**, Pigeon Forge, TN  
Thurs., Dec. 5  
Depart Noon  
Return 8:30PM  
Transportation & show: $40  
(Please eat before trip.)

Few holiday shows are as spectacular as Christmas at the Smoky Mountain Opry Theater. Not only does this multi-million dollar production boast the largest living nativity scene in the area, there’s also beautiful choreography and aerial effects. Watch as angels and sugar plum fairies fly across the stage while elves dance around the reindeer and Santa Claus. Don’t miss this holiday delight! After the show there will be a stop to grab a quick bite at Chick-fil-A.

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**Christmas Lantern Express**, Knoxville, TN  
Fri., Dec. 13  
Depart 9:00AM  
Return 6:00PM  
Transportation & Train Ride: $30

Climb aboard and enjoy a two-hour train ride with complimentary hot chocolate and gingerbread cookies along the way. You might even have a visit from Karen Bishop, author of the book “The Christmas Lantern.” The train trip starts near the UT campus and follows the Tennessee River. Lunch at S&S Cafeteria before train ride (pay individually).
**SENIOR ADULT SPECIAL EVENTS**

**BRISTOL TENNESSEE RETIRED TEACHERS’ LUNCHEON/MEETING**

Noon on Wed.: September 11 (Steele Creek Park)
December 11 (Slater Community Center)

**“EAT WELL, FEEL WELL, w/Rachel Dean, MPH, UT Extension/Family & Consumer Science Agent**
Room 105  10:30-11:30AM
Wednesdays for 5-weeks:  Sept. 18, 25, Oct. 2, 9, 16
Workshops will provide the basic facts of making good food choices. Samples of recipes and **free kitchen tools** will be provided.

**LIVING WELL WITH CHRONIC CONDITIONS, Ballad Health & UT Extension Institute**
Room 105  10:00-Noon
Thursdays for 6-weeks:  Sept. 19, 26  Oct. 3, 10, 17, 24
A fun skill-building program for people with chronic disease.
Gain skills to self-manage condition. Last session enjoy lunch and receive a certificate and book, “Living Well with Chronic Conditions.”  **Snacks & door prizes each session.**

**ADVOCATE INTEGRATED MEDICINE** presents the following workshops:

Fri., Sept. 20  **Medicare Fraud** w/Jennifer Schaller-Ayers, AARP
Cafeteria 11:00-11:45AM

Fri., Oct. 18  **Active Shooter Training** w/Lt. Brian Hess, Bristol TN Police Dept.
Downstairs Training Room  11:00-11:45AM

Fri., Nov. 15  **Disaster Preparedness**
Cafeteria 11:00-11:45AM

**FABULOUS FALL LINE DANCING WORKSHOPS**
**w/Martha Davenport**
Wed.: September 25  October 30  November 20
Agenda:  11:00AM-Noon  Dance
Noon-1:00PM  Lunch (*Bring a bag lunch*)  Drink and dessert will be provided
1:00-2:30PM  Dance
SENIOR ADULT SPECIAL EVENTS continued...

FLU & PNEUMONIA SHOT CLINIC w/FOOD CITY PHARMACY
Wed., Oct. 9     8:00AM-2:00PM   Bring your insurance card!
Free with Medicare Part B Card. Cash only without card. Receive a Treat Bag!
Enjoy free pumpkin doughnuts and coffee in cafeteria

SENIOR FALL FUN DAY    Steele Creek Park
Tues., Oct. 15   Rain Date: Tues., Oct. 22
9:30AM-2:00PM    Lunch @ Noon
Cost: $12 includes lunch, ticket for park, train, and Nature Program
*Horseshoes
*Train ride
*Paddle Boats
*Yoga Session
*Nature Hike
*Nature Program with Jeremy Stout
*Firehouse barbecue lunch

VETERAN’S DAY CELEBRATION
Monday, Nov. 11    Cafeteria 8:30-10:00AM
Continental Breakfast   Sign up required!

12 DAYS OF HOLIDAY FITNESS
Starting Mon., Dec. 2    Ending Tues., Dec. 17
Celebration Luncheon    Wed., Dec. 18 @ The Virginian
Scorecards available on Wed., Nov. 27.  Mon, Dec. 2, instructors will start
initialing any exercise class that you complete.  Return scorecard to Mallory by
5:00PM on Dec. 17 in order to qualify for door prizes.  Cost:  $5 charge
includes scorecard, luncheon, and door prize opportunity.

FABULOUS HOLIDAY FRIDAYS
Dec. 6, 13, 20
Cafeteria     8:30-10:30AM
Holiday refreshments and entertainment!
PARKS AND RECREATION

FLU & PNEUMONIA SHOT CLINIC
- **Food City Pharmacy**
  - Wed., Oct. 9, 8:00AM-2:00PM
  - Bring your insurance card!
  - Free with Medicare Part B Card. Cash only without card. Receive a Treat Bag!
  - Enjoy free pumpkin doughnuts and coffee in cafeteria

SENIOR FALL FUN DAY
- **Steele Creek Park**
  - Tues., Oct. 15
  - Rain Date: Tues., Oct. 22
  - 9:30AM-2:00PM
  - Lunch @ Noon
  - Cost: $12 includes lunch, ticket for park, train, and Nature Program
  - *Horseshoes*
  - *Train ride*
  - *Paddle Boats*
  - *Yoga Session*
  - *Nature Hike*
  - *Nature Program with Jeremy Stout*
  - *Firehouse barbecue lunch*

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- Monday, Nov. 11
  - Cafeteria 8:30-10:00AM
  - Continental Breakfast
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FABULOUS HOLIDAY FRIDAYS
- Dec. 6, 13, 20
  - Cafeteria 8:30-10:30AM
  - Holiday refreshments and entertainment!
Hoop It Up!

For Girls & Boys in grades 3—6

Kids, learn the FUN-damentals of Basketball: sportsmanship, teamwork, dribbling, passing, shooting, offense and defense!

REGISTRATION INFORMATION:
Follow these easy steps for Online Registration:
Go To bristoltn.recdesk.com (no need to type www.)
Log In or Click on Create Account (You will add a profile for each family member) Click on Programs then Click the appropriate Youth Basketball Age Division

Registration Assistance available at the Slater Center
Dates: September 17, 19, 24, 26 (T, TH)
Time: 3:30—6:30

Early Registration Fee through September 27: $40.00
After September 27: $50.00 Deadline to register is October 4

Coaches Meeting: Tuesday, October 15 at 6:00p
Parent Meeting: Thursday, October 17 at 6:00p
Practices begin in late October

If you are interested in coaching or need additional information about the youth basketball program please contact the department:
Mike Musick - 423-764-4026 mmusick@bristoltn.org Recreation Superintendent

The City of Bristol, TN Parks & Recreation Department offers youth basketball to 3rd, 4th, 5th and 6th graders attending or eligible to attend Bristol Tennessee City Schools. This includes home schooled children and children attending private schools, for the grades referenced above.

(Participants who do not reside within the city limits of Bristol, TN are subject to an additional $10.00 non-resident fee.)

Teams are organized according to school then by grade with boys and girls playing on separate teams. 3rd and 4th graders play together; 5th and 6th graders play together. Teams practice for an hour and a half, once a week. Games are held on Saturday mornings with a few games being played during the week if needed due to weather.
Bristol Tennessee Parks & Recreation Youth Basketball
Hoop It Up!
For Girls & Boys in grades 3—6
Kids, learn the FUN-damentals of Basketball: sportsmanship, teamwork, dribbling, passing, shooting, offense and defense!

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Get ready for a super fun Pumpkin Palooza
Bristol Tn Parks & Rec
October 26, 2019
810 State Street Bristol, TN
costume parade & treat bags
Free Pumpkin Decorating 9 am -11 am
call 764 4023 for info
**ACTIVE BARRE FITNESS**  
*M* 8:30A  
This higher intensity class includes cardio and Barre movements.  
Ω Alexa Serfis  Gym

**ACTIVE YOGA**  
*W* 9:30A  
An energizing yoga class that moves smoothly through a wide variety of poses with modifications available as needed. The emphasis will be on building core strength and flexibility.  
Ω Lark Adams  Room 209

**BASKETBALL**  
*T/TH* 12P  
Pick-up basketball is for all levels.  
Gym

**BARRE FITNESS**  
*W/F* 8:30A  
This class is a combination of ballet, pilates, and yoga moves. There is plenty of sculpting and toning to create long, lean muscles.  
Ω Lark Adams  Barre/Spin Room

**CARDIO CORE CONNECTION**  
*T/TH* 8:30A  
45 minute class that will get your heart rate up and keep it there with a mix of aerobics/cardio and strength/toning that is mainly focused on the core.  
Ω Lark Adams  Gym

**CARDIO DANCE**  
*T/TH* 11A  
Cardio Dance combines Latin and other styles of dance moves with high energy music.  
Ω BJ Goliday  Gym

Kingsport native and a University of Tennessee basketball player, John Fulkerson, paid a visit to the Slater Center to visit his grandfather Ray Ottinger.
SENIOR WEEKLY FITNESS 50+

CHAIR YOGA
T  11A
TH  Session I  9:00 AM
     Session II  10:00 AM
This class focuses on improving balance, coordination, strengthening legs and upper body, all with the aid of a chair! This fun class leaves you feeling relaxed and confident.
Ω Heather Dotterweich  Room 209

FIT COMBO
M  9:15A
Start your Monday off in the gym! This fun filled, fast-paced cardio class is sure to get you going. Move to a variety of music in this 45-minute cardio conditioning class. All fitness levels welcome and encouraged.
Ω Denise Bourne  Gym

GENTLE FLOW YOGA
W/TH  11A
Gentle Flow Yoga is a softer approach to Dynamic yoga. While the poses still flow together, the nature of it is much slower in pace and gentle in practice. It is the in between of keeping active while still maintaining that peaceful and enjoyable approach
Ω Maggie Fuller  Room 209

KETTLEBELLS
W/F  8:30A
A unique class that combines strength training with cardio vascular training. The kettlebell swing targets the core including the hips, glutes, hamstring and upper body. This class translates into a more fit, stable and powerful body and injury prevention!
Ω Linda Stollings  Gym
**LINE DANCE**
**M/W/F  11A**
These choreographed classes repeat a series of steps that are done by everyone in the “line.” Typically Line Dancing is set to a variety of music, including country and today’s hits.
Ω Linda Roberts  Gym

**MOVE & GROOVE**
**F  9:15A**
Looking for a fun way to end your week at the gym! This 45 minute cardio class will get your heart racing! Fun moves are set to a variety of music that guarantees a great time! The only rules in this class are to keep moving and have fun. If you do these two things, the health benefits will follow. All fitness levels welcome and encouraged.
Ω Denise Bourne  Gym

**Nia**
**W  7:30A  TH  9:30A**
Nia is a cardio-dance workout that combines simple moves with dance arts, martial arts and healing arts to get you fit in body, mind, emotion and spirit. Each workout brings mindfulness to your movement experience leaving you Energized, mentally clear and emotionally balanced. Appropriate for all age Levels of fitness and especially designed for seniors.
Ω Alexis Serfis  Gym

**PICKLEBALL**
**M/W/F  12:30P  T/TH  2P**
A fun sport that combines many elements of tennis, badminton and ping-pong. Played on a badminton-sized court and a slightly modified tennis net with a paddle and a plastic ball with holes. Played as doubles or singles.
Ω Gym

**SILVERSNEAKERS**
**M/T/W/TH/F  10A**
Mondays & Wednesdays – Emphasis on cardio vascular
Tuesdays & Thursdays – Emphasis on muscle conditioning
Fridays – Emphasis on a combination of cardio vascular and muscle conditioning
Ω Pat Fields  Gym
**SENIOR WEEKLY FITNESS 50+**

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**SPIN & STRETCH**

**M** 7:30A  
**TH** 8:30A  
Bring your bicycle-ride inside! Enjoy a no-impact cardio workout topped off with a complete body stretch. All participants are encouraged to work at their own level. This class combines a great cardiovascular workout, lower body strengthening, and complete body stretch to fun music. You will leave feeling energized!  
Ω **Alexa Serfis**  Gym

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**STRENGTH TRAINING**  
**T/TH** 9:15A  
A variety of total body conditioning that includes strength training and bursts of cardio exercises. All major muscle groups are targeted during each class and various equipment is utilized. Gain strength, enhance flexibility, improve balance, and have fun in this 45 minute class. Open to all fitness levels. This class promises to give you everything you need to boost you through the day.  
Ω **Denise Bourne**  Gym

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**TABATA**  
**M** 5:15P  
A great way to spice up your workouts, burn more calories and get more out of your exercise time. The intervals involve 20 seconds of high intensity work followed by 10 seconds of rest. The training is used for core strength, weight training and cardiovascular fitness. Benefits include raising metabolism and heart rate along with building muscle and endurance. All fitness levels welcome.  
Ω **Elaine Rock**  Gym

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**TAI CHI/QIGONG**  
**F** 10:45A  
Qigong (pronounced chee gong) is a physical practice combining gentle flowing movements with breath awareness and visualizations. Regular practice can help develop strength, flexibility, increased range of motion and improved balance. It can also help reduce stress and aid in relaxation.  
Ω **Dolores Champagne**  Room 209

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WEDNESDAY WORKOUT
W 9:15A
Need a mid-week pick-me-up? Step up your workout in this 45 minute cardio conditioning class. A height adjustable step is utilized during this class, but is not necessary if you prefer to keep your workout on the floor. Climb to new heights as you challenge yourself in this class! Open to all fitness levels.
Ω Denise Bourne  Gym

YOGA
M 11A
This yoga class is beginner friendly. Attention is on our individual bodies and building strength, balance and focus.
Ω Heather Dotterweich  Room 209

YOGA
F 9:30A
Class is open to all levels and has lots of instruction for increasing or decreasing the level of challenge in order to suit each student. Breath awareness, strengthening and stretching comprise the movement portion of the class and is always followed by relaxation.
Ω Dolores Champagne  Room 209

YOGA/MEDITATION
M 9:30A
A challenging class that is best for those with some experience, but open to all levels. Breath awareness, strengthening and stretching combine in the yoga postures to balance the body and calm the mind. This active session is followed by rest and meditation to make a complete mind-body practice.
Ω Dolores Champagne  Room 209
CREATIVE WRITING
TH 9:30A
The Creative Writing Class works as a group (without an instructor), typically writing and sharing the stories of their lives. Each person reads something every week, poetry or prose, which they have written.
Ω Room 203

OIL & ACRYLICS PAINTING
W/F 9:30A
The Oil and Acrylics Class is a group of skilled artists painting together in a studio setting. We meet together to enhance and learn new skills in a pleasant community setting.
Ω Lisa Snead  Room 206

WATERCOLOR
T 9A & 1:30P
Tues.: Session I - 9:00 AM
Session II - 1:30 PM
Develop your skills and learn new techniques in this instructor facilitated class. Participant must provide their own supplies (a list is available
Ω Teresa Kath  Room 203
**LUNCH PROGRAM/TRANSPORTATION**

**Slater Center**
The lunch program provided by First Tennessee Human Resource is served Monday –Friday in the Slater Center cafeteria at 11:30A.

The Following requirements are:
- You must be a member of the Slater Center
- 60 years of age or older
- Reservation is required 48 hrs in advance
- $2.00 per meal recommended

**Homebound Meals**
The Slater Center is a site for the Meals on Wheels Program Provided by the First Tennessee Human Resource Agency. To see if you or a family member qualifies please call the agency toll free at 1-866-836-6678.

**Transportation**
Our transportation service provides transportation Monday-Friday for adults 50+ to and from the Slater Center beginning at 7:15A. We also offer transportation in the afternoon to doctor appointments, shopping, banking and other pertinent appointments.

The Following requirements are:
- You must be a member of the Slater Center
- Must live in the city limits of Bristol, Tennessee

Monday-Friday
11:30-12:30

The City of Bristol, in partnership with FTHR offers a daily adult lunch program at the Slater Center

Call Mike Ratliff @ 423-764-4036
For more information

Contact Frank Perry at 423-646-5216 to schedule Transportation services
Pre-registration is required for evening classes and events. You may register and pay at the Parks & Recreation Office during regular business hours at 325 McDowell Street, or online at bristoltn.recdesk.com. For additional information on classes and events, please contact Becky Olinger at (423-764-4006).

**Cardio & Sculpting Circuit:**
- Tuesdays & Thursdays – 6:30 pm in the Slater gymnasium
- Begins: Tuesday Sept. 3rd
- Instructor: Taffie Barb – pre-register by August 30th
- Cost: $30.00 for the 8 weeks or $8.00 per class
- This is an intense class that is performed in circuit style to amplify the calorie burn and elevate the heart rate and metabolism. Build and tone muscles and increase endurance in a class that can be modified to accommodate most fitness levels ages 16 & over.

**Gentle Flow Restorative Yoga:**
- Mondays – 6:15 pm in Room 209 (Yoga room)
- Begins: Monday August 26th
- Instructor: Maggie Fuller – pre-register by August 23rd
- Cost: $40.00 for the 6 weeks or $8.00 per class
- The low impact work performed in this class is a more gentle approach to Dynamic yoga. The poses are performed at a slower pace while still flowing together allowing you to achieve a connection of breath & body movement as you gain a peace of mind. This is a yoga class that is excellent for all fitness levels ages 16 & over. A new session will begin (October 14th).

**Weights & More:**
- Mondays – 6:15 pm in the Slater gymnasium
- Begins: Monday September 9th
- Instructor: Becky Olinger – pre-register by August 30th
- Cost: $20.00 for the 8 weeks or $8.00 per class
- This is a class that incorporates cardio, strength training, sculpting & toning, balance & stretching. This class can be modified for most fitness levels ages 16 & over. The class always ends with a stretching & relaxation segment.

**Yoga:**
- Tuesdays – 6:30 pm in Room 209 (Yoga room)
- Begins: Tuesday August 20th
- Instructor: Amie Odum – pre-register by August 16th
- Cost: $50.00 for the 8 weeks or $8.00 per class
- This class will allow you to achieve gains in flexibility, strength, balance & toning. Amie provides a variety of yoga workouts while making the sessions enjoyable and challenging. The class is low impact & is good for all fitness levels ages 16 & over. A new session will begin (October 20th).
Adult & Youth Evening Classes

Vinyasa Yoga:
Wednesdays – 6:00 pm in Room 209 (Yoga room)
Begins: Wednesday September 4th
Instructor: Amesha Whitt – pre-register by August 30th
Cost: $40.00 for the 8 weeks or $8.00 per class
Vinyasa yoga is all about moving with the breath. Flowing from one yoga posture to the next at the pace of your own inhale & exhale helps to connect mind, body & spirit. Vinyasa can be soft & gentle, or more strength based depending on the needs and abilities of each individual participant. This is an excellent yoga class for all fitness levels ages 16 and over.

Adult & Youth Evening Events

Football Trivia
Presented by Sandra Hubbard
Thursday September 26th at 6:00 pm in room 208
Pre-register by Friday September 20th
Cost: $3.00
This will be an evening for all football fans to test their football trivia knowledge. The night will be filled with fun & tailgate goodies to satisfy the tummy. Bring a friend or family member to share the evening with, (anyone under 16 will need to be accompanied by a participating adult). Get your game face on and see if the team you are on is crowned victorious.

Hearing Loss Linked to Cognitive Brain Function Including Dementia
Presented by Lauren I. Esposito, Au.D, CCC-A Doctor of Audiology
Tuesday October 22nd at 6:00 pm in room 208
Pre-register by Friday October 18th
Cost $3.00
We hear with our brain, not with our ears. When we have a hearing loss, the connections in the brain that respond to sound become reorganized. Studies at John Hopkins have found that hearing loss is associated with accelerated cognitive decline in older adults & that seniors with hearing loss are more likely to develop dementia over time than those who retain their hearing. Make plans to attend this informative lecture.
“The Munster Bash”

Presented by Sandra Hubbard
Tuesday October 29th at 6:00 pm in room 208
Pre-register by Friday October 25th
Cost $3.00
Halloween has become a holiday that is not just for kids any more but a day for those young at heart to enjoy as well. Halloween decorations & parties are almost as popular as Christmas decorations & parties, so be sure to make plans to attend the “Munster Bash”. The evening will be filled with lots of fun events including Munster Trivia, games, and treats. Bring a friend or family member & don’t forget to come dressed as your favorite Munster character because it can’t be a Halloween party if you aren’t in costume. Come & see what kind of “tricks or treats” the Munsters will have waiting for you.

Dry Skin: “How to Manage During the Winter Months”

Presented by Denise Whitfield, FNP, Dermatology Certified
Tuesday November 12th at 6:00 pm in room 208
Pre-register by Friday November 8th
Cost $3.00
On its own, dry skin may not seem like a big deal. But it is associated with several health problems that can interfere with your daily activities. Dry skin may lead to itchiness, areas of thickened & rough skin, painful cracks in your skin, dermatitis, eczema and bacterial infection. To find out the best ways to manage dry skin during the winter months, as well as determining which moisturizers are your best options to treat dry skin get pre-registered to attend this informative lecture.

Christmas Memories

Presented by Sandra Hubbard
Thursday December 12th at 6:00 pm in room 208
Pre-register by Friday December 6th
Cost $3.00
Leave the hustle and bustle of the Christmas season behind you for one night and just get ready to have fun. There will be games and food and everyone will get to share a favorite Christmas memory with all those attending. Be sure to ask a friend to come with you so they can have some fun and share their favorite Christmas memory as well.

Merry Christmas to Everyone from the Staff of the
Parks & Recreation Department
Thanks for Making all our Classes and Events a Success in 2019!
SANTA CALLING

December 19, 2019
6:30pm-8:00pm

The Parks & Recreation Department has made special arrangements for SANTA CLAUS to telephone your child (ages 7 & under) from Santa’s workshop on Thursday, December 19th.

Fill this form out completely and return it to the Slater Center at 325 McDowell Street Bristol, Tn 37620

Child’s Name__________________________________________________________

Age_________Address________________________________________________

Parent’s Phone #____________Parent’s Name____________________________

Pet Names__________________________________________Hobbies/Sports________

Favorite Tv Show/Movie/Cartoon Character______________________________

Optional: List the gift your child will be receiving this year_____________________

• Best time for Santa to call on 12/19/19_________________
STEELE CREEK GOLF COURSE
20 Little Lane
Bristol, Tennessee 37620
423-764-6411

Beautiful tree lined 9 hole par 72 golf course

A full 300 yard driving range that fits 20

3,200 sq.ft clubhouse & golf shop

Golf Course Fall Hours
September to October
8:30 am to 6:30 pm
November to February
10 am to 5pm

Practice area includes putting and chipping greens

Memberships and weekly specials are available!
Steele Creek Park Disc Golf Course
Monday – Sunday
9am to 9pm

- 9 hole public Disc Golf course
- $2 Entry fee to enter Park
- Visit the Golf Shop for the area’s best selection of disc golf merchandise
- Disc rental available:
  - $5 per 3 hours
- Disc Golf Course may be rented for full or partial day rates for
- Tournaments or private play

For additional information regarding Steele Creek Disc Golf Course please call 423-764-6411.
Email anorris@bristoltn.org

Enhancing youth’s life skills, through the game of golf.
6 week program for boys and girls ages 7-17

PLAYer level introduces playing the game of golf with special emphasis on learning golf and The First Tee Code of Conduct, appreciating the rules and etiquette of the game and developing a game plan for golf and life.

Par / Birdie levels
Par - Focuses on interpersonal communications and self-management skills. Birdie - Emphasizes goal setting

For more information and to register online go to www.TheFirstTeeTennessee.org
Click Tri-cities TAB

Adam Dean / Program Director adeam@tngolf.org

<table>
<thead>
<tr>
<th>Fall Schedule</th>
<th>Level</th>
<th>Day</th>
<th>Begins</th>
<th>Ends</th>
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<td>Steele Creek GC</td>
<td>PLAYer</td>
<td>Tue</td>
<td>Aug-27</td>
<td>Oct-1</td>
<td>4:30PM</td>
<td>6:30PM</td>
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<td>Par</td>
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<td>Aug-29</td>
<td>Oct-3</td>
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<td>Eagle</td>
<td>Wed</td>
<td>Aug-28</td>
<td>Oct-2</td>
<td>4:30PM</td>
<td>6:30PM</td>
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</tbody>
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NEW 9 OPENING SOON

GLOW Tournament

September 7th
Friday, 06 September, 4:00pm  
**Hummingbirds!** – Meet Don at the Nature Center for what might be your last chance for these warm-weather gems! A short and easy walk will follow the feeder-watch.

Saturday, 14 September, 3:00 pm  
**Autumn Insects:** Meet Lance at the Nature Center for a moderate walk into the woods learning about our native insects and their overwintering strategies.

Friday, 18 October, 4:00 pm  
**Fall Scenic Hike** – Meet Jeremy at the Nature Center for a moderately strenuous hike into the woods in search of early fall colors! We’ll learn about some native wildlife along the way, too.

Saturday, 26 October, 5:00pm  
**Salamander Adventure** – Did you know that the southern Appalachian region is the salamander capital of the world? Meet Lance at the Nature Center for a mild hike looking for these secretive creatures of the creeks and forest floor.

Thursday, October 31st, 4:00 pm  
**Halloween Scenic Hike:** Meet Dani at the Nature Center for a spookily fun and colorful hike in search of scenic vistas and cooler temperatures!

Saturday, November 16th, 2:00 pm  
**Fall Scavenger Hunt and Hike:** Fun for all ages! Meet Dani at the Nature Center for an easy walk and scavenger hunt through our park while learning about Steele Creek park’s different critters.

Saturday, December 07  
**2:00 pm: Winter Greenery Hike** – Meet Don at the Nature Center for a Holiday-themed adventure! Enjoy a mild hike in search of winter wonders including Christmas Ferns, mistletoe, and hollies. Also, help find and collect a 2019 Christmas tree for our Nature Center!  
**4:00 pm: Christmas Tree Decorating** – After the hike we’ll come back to the Nature Center to decorate our tree and have some holiday refreshments!

**11 - 12 October 2019: 22nd Annual Wildlife Weekend!**

All programs are free with park admission and will begin from The Nature Center at Steele Creek Park!

Come to the Nature Center Friday, October 11th beginning at 6:30 pm. A short program will follow the reception and photography contest awards.

Then, join us on Saturday, October 12th, beginning at 8:30 am. Bird banding, LOTS of kids’ activities, fossils, nature walks, seminars, and much more with area experts will be ongoing throughout the day!

Keep a Lookout for the Official Poster, Coming Soon!!!

Call the Nature Center at 423.989.5616 for more information!
Parks and Recreation Commission

The City of Bristol, Tennessee Parks and Recreation Department manages athletic and community programming activities as well as maintaining park facilities located within the City of Bristol. The City of Bristol, Tennessee City Council appoints residents to the Parks and Recreation Commission. This volunteer Commission acts as an advisory board to the Department and City Council. The Commission helps to establish rules, regulations, functions, goals, policies and procedures for the performance of its duties and for the use, operation and conduct of all facilities and programs.

Current Commission Members are:
David Akard III
Susie Chandler
Bennett Cowan
Clyde Downs
Justin Hutchison
Curt Rutherford
Ronda Tittle
Kate White
Sherry Willinger
Caden Myers-Student Rep
Lance Tudor-Student Rep
Lea Powers-Council Member

Mission
Our Mission is to provide the best in municipal services. We exist to provide healthy and diverse recreational opportunities through programs, events, parks, and natural areas, for all ages and abilities, ensuring that the City of Bristol, Tennessee is a desirable place to live and play.

Slater Community Center Hours:
Monday - Thursday 7:30am-8:00pm
Friday - 7:30am-5pm
Closed - Saturday & Sunday

City of Bristol, Tennessee
Elected Officials:
Margaret Feierabend-Mayor
Mahlon Luttrell-Vice Mayor
Chad Keen- Councilman
Vince Turner-Councilman
Lea Powers-Councilwoman

Christmas Parade
Thursday, December 5th
7:00pm
State Street

Christmas Craft Show
November 29th - 30th & December 1st
Viking Hall Civic Center